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Discovering Myself in Agony

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Sorrows overwhelm me, pull me down,
In a pensive zone, I'm thrust upon;
All forlorn, no sagacity or pleasure,
Navigating through life's discord, not a treasure.

On the path of life's uncertain course,
Chartered by moments of temporary tremors;
Transitory feelings, ever-changing emotions,
Working up a trajectory of melancholic repositions.

Testing times, fleeting sorrows, ephemeral joy,
Disdain and alacrity, my deftness alloy;
Alarmed the wave of crucial wavelengths,
Poised with perfection on life's uncertain bends.

When torment plays and life's callous rhythm sways,
I battle my agony in my own resilient ways;
To live unscathed from what and how they think of me,
I have suspended those fears to eternity.

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Bio-note:

Dr. Krupa Sophia Jeyachandran teaches English and Communication Skills to the undergraduate and postgraduate students of the Salem Christian College of Arts and Science. A gold-medallist at her Masters level from the Veer Narmad South Gujarat University, Surat, she also obtained her M. Phil from the same university. She went on to pursue her Doctoral studies on the topic “Quest for a Place of One’s Own: Double Diaspora in the Selected Novels of M. G. Vassanji” from the Sardar Vallabhbhai National Institute of Technology, Surat. With a flair for academics and research, she also spends time penning her thoughts in verse and has a few poems to her credit. Her poems are laced with self-realization, resilience, optimism, cheer, finding joy in the little things and comprehending the larger purpose of life.