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From Ashes to Light: A Warrior's Promise

Paridhi Bansal

Independent Researcher,
PhD in Sociology.

Find a meaning, seek a goal,
Do what nourishes your soul.
Though the darkness looms so near,
Brighter days will soon appear.

Strength will rise, just give it time,
Let the bells of patience chime.
Cry if needed, but don't let go,
Love can heal more than you know.

With a heart so fierce and strong,
You'll endure, no matter how long.
Life's a battle, phase by phase,
But through the storm, there's light to chase.

The past may follow, step by step,
Yet the future shines ahead.
Hold on tight, though slow it seems,
Hope is woven into dreams.

Even in your weakest hour,
Strength will bloom like budding flowers.
From the ashes, life will rise,
Every "why" has purpose wise.

Bio- Note:

Paridhi Bansal is an independent researcher with a PhD in Sociology, driven by a deep curiosity about society, culture, and human connections. Beyond academia, Paridhi has a profound love for poetry and seeks to explore its power as a medium of expression and reflection. Passionate

about blending analytical thought with creative expression, she aspires to delve deeper into the world of words, using poetry to capture the nuances of life, resilience, and emotion.