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## **Unsettling But Certain Truth**

Frank Zahn

Nature provides that we are conceived in lust, birthed in pain, and raised up in lives of toil, discontent, and anguish, which more often than not, we attempt to mitigate by taking refuge in vain illusions and flashes of comfort and elation.

Our time comes to conceive in lust and birth in pain, except, of course, in cases where nature denies opportunity, ability, or inclination. And when it is done, we eventually die, some of us relieved, some gripped with remorse, some fearful, some confident of eternal life with sweet reunions, and some plagued with doubt and disbelief.

So what can we glean from the experience that is untainted by vain illusions and flashes of comfort and elation? It is, of course, the unsettling but certain truth that we are born, we breed, and we eventually die as nature or mishap provides.

No evidence exists in support of anything beyond, yet reason tells us that nonexistence of evidence is not evidence of nonexistence, only that we simply do not know whether anything beyond exists or not, except, of course, by faith in our vain illusions.