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Breath Left Behind

Ken Allan Dronsfield

Since I've taken my first breath...

clouds have come and gone; man has decimated lands
birds nest in buildings; oak and spruce disappearing;
great forests are now clear-cut; man is everywhere;
salmon still swim upstream; leave eggs and died away.

since taking that first breath...

friends have come and gone; family has now passed on
cemeteries have grown larger; windblown grasses bow down
great masses pray to the spirits; animals keep going away;
extinction takes so many; computers seem to rule the day.

so, upon taking that first breath...

care was needed every day; feeding and changing always
life has come and now gone; memories are all left behind
a soul adrift in the wind; watching kittens play in the yard
smelling the scent of roses; soaring, feeling lighter than air;

upon taking my final breath...

peace finally envelopes my heart; soul becalmed at rest.
friends once passed away; are standing there before me.
long lost loved ones await arms outstretched; a gentle touch.
Upon taking that final breath; I find I now don't care at all.

Biographical Details:

Ken Allan Dronsfield is a disabled veteran, Poet and fabulist from New Hampshire, now residing on the southern plains of Oklahoma. Ken enjoys music, writing, walking in the woods at night during a full moon and spending time with his cats Willa, Hemi, Turbo and Yumpy. He has two poetry collections, "*The Cellaring*" and his newest book, "*A Taint of Pity*" Life Poems Written with a Cracked Inflection, and is currently working another new collection of seasonal nature related poems for release later this year. He is the Co-Editor/Cover Artist for 2 poetry anthologies titled, "Moonlight Dreamers of Yellow Haze" and "Dandelion in a Vase of Roses" and is working on a third. His work has appeared in Literary Orphans, The Burningword Journal, Beneath the Rainbow, Vita Brevis Journal, Scarlet Leaf Review, Black Poppy Review, The Blue Heron, EMBOSS Magazine and more. Ken is a three-time Pushcart Prize nominee and twice nominated for Best of the Net, 2016-2017.