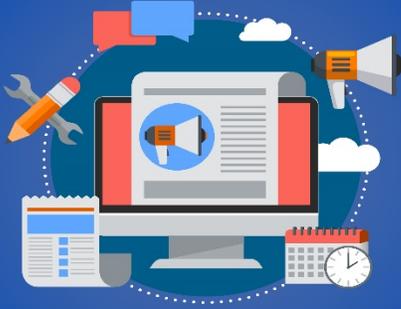


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## Stay Alive

**Pooja Kushwaha**  
Research Scholar,  
Department of English and M.E.L.  
University of Lucknow, Lucknow.

Don't you think that India will stay at home only, then India will survive? India will lose life. So brother, how soon is it to say goodbye to life? That the body may remain but the soul be held. You may be alive, but keep flapping every second to stay alive. Like a bird in a cage is fluttering to get out of the cage. There is still time to go steady or else do not say again that it is too late and we cannot manage. Because life gives us only one chance to groom ourselves. If we miss this opportunity too, remember there is never a second chance in life. This is the time in which you have to make a precise and meaningful decision.

After all, what is the problem with living at home? What is the problem, we are having at home? Why is the mind distracted to go out again and again? What is the outside that cannot be found in the house? We have all been on a trip outside for so long. This is the right time that we can live a few moment of our life with ourselves. Can we know within ourselves what we are? Who are we? What is the purpose of our coming to this earth? In this lockdown time, all of us, just for a few moments, let ourselves scrub deep within, introspect, think what we are doing and what we should have done till now? What have we not been able to do so far and in the future? We also have some responsibility towards the God who has sent us to this land.

Even if we do not think so far in any philosophical way, the true patriotism of a true patriot at this time would be that we would only stay at home only and only in situations of lockdown due to corona virus epidemic. Can we not do so much for ourselves, for our family, for our society, for our nation and for all mankind? Doing so much becomes our moral obligation and we all have to ensure full compliance with our obligations.

In these difficult situations, when you are getting acquainted with yourself, in such a situation, you should also do an interview with nature, see how happy nature is for you not to go outside. After a very long interval, you will find that nature is at its full height with plenty of beauty.

I am seeing the bird flying in the sky and chirping after a long time. I used to think that sometimes in the books, children will be told about the bird as an endangered bird, but no, I feel very happy nowadays to see that little bird flying in the sky. It seems like our lived airy childhood is also being lived by today's generation. So does today's generation not have much right to breathe clean air?

I don't see the deserted roads, I can see them filling each other in their arms, putting on their throats, caring each other and taking the corpse. Those who had been waiting for many days, that they will stop them from ever coming, the process of vehicles coming and going. Sometimes, he will also be able to give it to people without any heaviness. Taking them to their destination, taking them from one journey to the other, these roads are still pausing today. Our minds are running in our poems, in articles, in volumes at the time of this lockdown.

Now the voices of horns do not penetrate our ears. Small children are able to sleep peacefully. Can breathe in clean air? Far from the noise of nightclubs and parties till at night, we are living in a very calm mind, fidgeting in this lockdown days.

Seeing pictures of Prayagraj on the news channel, Triveni, seeing Ganga Mayya, was the first sentence out of the mouth, "Wah re lockdown bhala ho tera," In this lockdown, Ganga Mayya also took a bath.

Stay at home and spend this lockdown time with your family as quality time. I promise to all of you that when this lock down period is over, you will yearn for this time because it is human tendency that when we have? What we have? We are not happy in it and when it goes away from us. So the desire to get it becomes more intense.

You should make your hobby perfect these days. Repeat all those things of your choice that you could not do in the absence of time. Read all the favorite books, favorite songs. Make and eat delicious food one by one for your and family's choices. Do dance. Do yoga and do meditation. Make fun videos with children for some light- hearted enjoyment and record them. Surely these will be those beautiful moments of your lockdown time which you will see after coming out of this lockdown time, you will be very happy and miss these beautiful moments. This is the time to live with yourself, to live with family. Keep these moments, which is of your choice in which you and your family can be happy, do all that. This is a great time to get to know your life partner and

understand him closely, Take care of each other's likes and dislikes. Understand the turmoil going on inside your children while going to Teenage. Answer them to their unique questions. All new – old friends, natives, relatives who have never called for a long time that today is not the time, will do tomorrow. Then yesterday, I thought I would do it tomorrow, and such a person left. Remember them all at the time of this lockdown. Call everyone, ask him how he is and tell him that I am in my house. If you are following the lockdown rule, then you should also stay at home. Be safe and follow the lock down rule. In this lockdown, create a time table and maintain the discipline. Enjoy the whole day in a meaningful and positive way. Then this isolation, this lock down will not make you depressed, it will communicate hope, confidence, enthusiasm and positive energy.

Just for a moment, think once about the doctors, about the little girls who have just come to the doctor's profession. They have chosen this profession of their own free will from their parents at this time. Are you engaged in the service of patients in a distant hospital? Should you not be flabbergasted to meet your parents at this time? Whether the doctor is male or female, he has not been to his home for several days. Do your little children, elderly parents, your new bride, who have not seen the doctor in such a situation, why they chose this profession? But no, it is not so at all. They are all continuously serving Corona Virus infected patients. They are facing the huge crowd in hospitals with courage. Every day we are faced with new challenges and are facing them. Doctors and nurses are curing patients. Corona virus itself has been infected. Still he is not giving up. Should we not be inspired and encouraged by seeing them and for them, can we not sit and sit in the house? Think.

On the other hand, give an example of policemen who, even if they go home, return from outside the door. Sitting at the door and drinking tea. Let's eat a little something. Returning without hugging the child, placing his hand on his head, his khaki uniform is returned to his police checkpoint again. So does he also curse himself why he chose this profession but not him? He is constantly making people aware, inspired and encouraging them to stay indoors, through songs, through poetry and through the expression of their words. Follow the lockdown rule. Do not get out of the houses.

The sanitation workers take garbage from our houses every day, if they do not come, then you think how much garbage will be collected in the houses and the smell will spread throughout

the house. Instead of giving our gratitude to all these service personnel, doctors, nurses, policemen, cleaning workers and high ranking officers in government service, the requests of gratitude are being issued by the honorable Prime Minister Narendra Modi from time to time. Jokes in his name are made and he instantly updates the status on social sites. Is this true patriotism ours? Have we fallen so far? Friends, this is the time to get up in your own eyes. This time, who does not give his precious time to someone again and again, will not even give us that we can once get up in our own eyes. It is still easy to get up in the eyes of others. By flattering, with sycophancy, by making many bets, tricks, conspiracies etc. But it is very big to remain in one's own eyes, get up and have a sense of self satisfaction. When this feeling comes to mind, then understand that you have done true patriotism. Mankind and national interest are paramount for you and you are truly patriotic. This is the time, when you become a seeker. Do meditation and carry out the responsibility of the true patriot.

You are watching all the news channels through social media, how the coronavirus is going on spreading all over the world and till now there is no cure for it, in this case we have to fulfill all the rules issued by the government from time to time. Compliance should be ensured with honesty when the government has said that we have to follow the lockdown rule, no matter what happens, we should remain in the lockdown. We should follow that rule with honesty. It is not that if you start getting bored while sitting in the house, then hit the self in the car and go out to fly. If the intestines started to flare up, you had to juggle the bottle. Fingers started flapping, then got out to beat friends. If nothing else, I started looking for hundred excuses without getting out of the house without talking. Before the announcement of the lockdown, the entire house was filled with ration do you need for which brother is being thrown out of the house every other day. And that too without mask, without using sanitizer. This has become the limit.

I have said it before and now again I am requesting that you do not go out of the house. Do not be part of any kind of crowd. Make excuses- do not make it out of the house. It is not only the responsibility of the Police, government and doctor to keep us safe. It is our responsibility to every person, every citizen that we stay at home. Be safe. Those who are allowed to go out and have them made passes, leave the house at a certain time and return home at the scheduled time. It is not that when the mind came up, it was taken out of the house. People who have constant movement without talking are all wrong. At this time, we all cooperate with each other fully and

this cooperation will be possible only and only by staying in our house. It is seen that people are roaming in the markets to get ration or just tapping it without applying masks. Please do not do this. Do not make situations more complicated. Stay at home so that you can keep your family safe and if the family safe, then the society and the nation itself will be safe and protected. India will really stay at home, only then India will win.

### **Introduction to the Author:**

Pooja Kushwaha is an aspiring poet who is just at the threshold of her writing career. She is a Research scholar from the Department of English and Modern European Languages, Lucknow University. She is currently pursuing Ph.D. on Poetry. She is a firm believer to make her identity. Her many poems and fictions have been published in the Criterion International Journal, Tare Jamme Par Magazine and in many anthologies like What If, The Lost Soul, Pain Dwelling in Beauty, Aael, Isq-E-Jahar, Mizaz, The Unspoken Tale etc. Her first single author book Glimpses of Love has been published in 2020. Her three anthologies books, True Love (2019), Mysteries of Love (2020) and Life Style (2020) have been published. She often composes poems about contemporary problems, identity, nature, God, love and also motivational poems for the society.