



About Us: <http://www.the-criterion.com/about/>

Archive: <http://www.the-criterion.com/archive/>

Contact Us: <http://www.the-criterion.com/contact/>

Editorial Board: <http://www.the-criterion.com/editorial-board/>

Submission: <http://www.the-criterion.com/submission/>

FAQ: <http://www.the-criterion.com/fa/>



ISSN 2278-9529
Galaxy: International Multidisciplinary Research Journal
www.galaxyimrj.com

Shreen- An Unsaid Truth: A Mono-Act

Dr. Jayashree Hazarika
Assistant Professor,
Department of English, FMeH
Manav Rachna International Institute of Research and Studies,
Delhi-NCR.

Characters: Shreen is 26 years old and is working as a software professional who is married to Harman.

(The scene happens in their drawing room. It's in the upscale apartments of Noida, Delhi-NCR. Shreen plays herself as well as the character of her husband.)

(Shreen is sitting on a chair and holding her head. Harman is sitting nearby surfing the mobile.)

Shreen: Oh my head! It's hurting so much. Harman bring me some tea.

(Harman reluctantly leaving his mobile and going to the kitchen to prepare tea)

Shreen: I HATE... this world. I hate you Harman. You never do anything for me. I no longer want to live. Maybe I should die. Oh my head! Oh my Stomach! Everything hurts.

(Shreen bursts into tears)

Shreen: I was raised as a princess and look where I have landed... (hiccups..) I married for love but I don't find love anymore.

(Harman rounding his eyes and shaking his head in the kitchen while preparing tea.)

Shreen: What have you done for me Harman? Look at the Sharma's. They are going for a vacation to Goa and you don't even take me to the Mall. I have nothing to wear. (sobbing...)

(Harman coming with a tray of tea and biscuits)

Harman: Here here darling don't cry (Hugging Shreen). I know everything hurts but you will feel better. Just have this hot tea. And remember we are going to Greece next month. You only booked the tickets.

Shreen: Oh ya I remember...(sipping her tea and wiping her tears).

Harman: What is it Shreen? Why are you being so emotional?

(Harman is holding Shreen. She has put her head on his shoulder. Both are sitting on the sofa)

Shreen: I don't know what has gotten into me. I feel so angry suddenly and everything feels dark. I feel like crying and killing myself. I don't have any control over my words. I am sorry I talked to you so rudely. I feel as if I have no control over my tongue as well as my emotions. I am constantly on a roller-coaster ride where at once I feel so much energy and then suddenly I am drained. I know I am being such a bad wife to you. Maybe you should leave me. I don't deserve you.

Harman: What date is it?

Shreen: Ohhhh!! Now I know. I am just PMSing.....

Note: According to Wikipedia, premenstrual syndrome (PMS) refers to physical and emotional symptoms that occur in the one to two weeks before a woman's period. Common symptoms include acne, tender breasts, bloating, feeling tired, irritability, and mood changes.